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DuRide is Making a Difference!

Dubuque is a special place to live, work and play. Our willingness to help one another is what makes DuRide possible.

DuRide is a non-profit organization that provides door to door transportation for members age 65 and older in Dubuque, Asbury and East Dubuque.

Your freedom, and your quality of life is dependent on transportation, and thanks to DuRide, seniors can stay involved in the community, take care of themselves and live independently, even if they can no longer drive.

Volunteers provide over 1,000 door to door rides every month. Since 2008, they have driven over 400,000 miles and have over 87,000 rides.

Volunteering for DuRide is easy and rewarding. There are no minimum time commitments or regular schedules. Some volunteers give several rides a week, others just a few a month; it fits your schedule!

No special driver's license, vehicle or insurance is required. It's really just like giving a friend a ride. Volunteers drive their own vehicles.

Many rides are for medical appointments, but friend and family visits, shopping, church, volunteer jobs, social events, concerts, meals out or even a card game or a visit over coffee are all common destinations, and all important.

While many of our volunteers are retired, anyone 18 and older can volunteer.

You just need a reliable car, and a willingness to help someone who needs you.

On behalf of our members, volunteers, board of directors, supporters and our entire community, thank you.

Sincerely,

 Greg Orwoll
 Executive Director

P.S. You can help us keep the Golden Years as golden as they can be for nearly 300 people age 65 and older in our community.

GET INVOLVED
We need you!

Find out about volunteering for DuRide.

You will make a difference in the lives of so many wonderful people who need your help.

You will get more in return than what you give!

www.duride.org

563-451-4999

www.duride.org

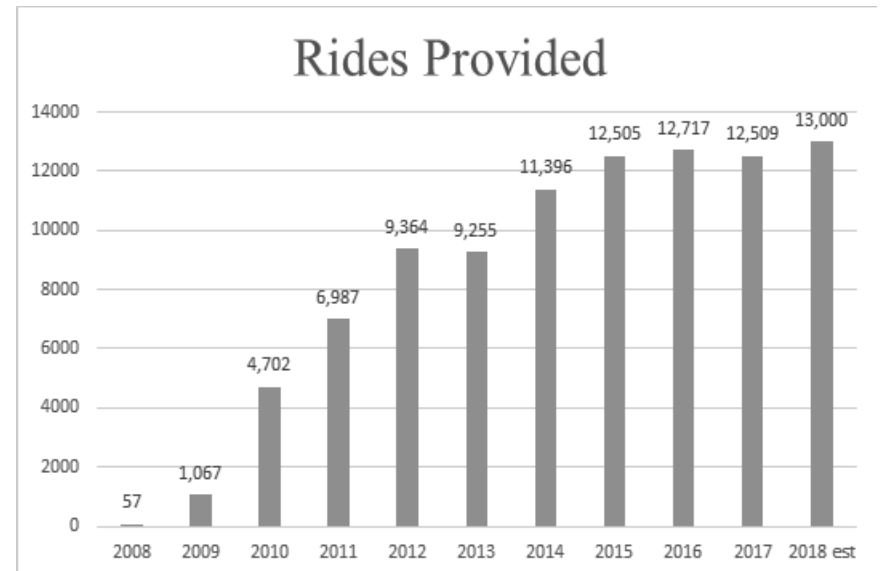
Like and follow us on facebook at:
 DuRide



Special thanks to the Dubuque Racing Association! The DRA has provided grants for display signage, brochures, copiers, printers, computers, office furniture and office remodeling.

We received grants in 2010, 2011, 2012, 2014, 2015, 2016 and 2017 for a total of over \$30,000.

Thank you DRA!



I can go to my church of choice every Sunday thanks to DuRide. Older people would be too isolated without your care. I'm so grateful for the job you do!
 - Phyllis

DuRide means I have the freedom to get where I need to go. They are all so super friendly and helpful.
 - Barb

I have the ability to continue going to places I need to go for a nominal fee. Thank you for donating some of your free time to enable us freedom to circulate!
 - Pat



Volunteers Drive DuRide

DuRide provided 12,509 rides in 2017, and every one of them were thanks to a volunteer.

Here's what a new volunteer has to say about DuRide:

After retiring, I was made aware of DuRide. Since then, I have been one of the many volunteer drivers.

During my working career of over forty years, I was involved with numerous charitable organizations, but my experience with DuRide has been the most fulfilling volunteer work I have ever done.

The staff at DuRide are enthusiastic and a pleasure to deal with and the riders are great. They are very appreciative and always fun to talk to. The community is fortunate to have such a service.

I encourage you to join me as a volunteer driver for DuRide. It will be a great experience for you and a help to so many.

-Don



Bud Grant, the long-time head coach of the Minnesota Vikings said this about his "retirement..."
 "You don't retire FROM something, you retire TO something!"

Please join them. There are no minimum commitments, or assigned schedules. Whatever time you have will make the difference to someone who needs your help.

Volunteers find this is some of the most rewarding work they have ever done. One said "I have never been thanked so many times for anything. I get so much more than I give!"

It will be good for you too.

A study in *Psychological Science* found retired people who have a sense of purpose are healthier. "Make a new friend, pick up a new hobby, or volunteer," says the study's author, Dr. Leipzig.

Hello, Greg and Joyce,

Thanks so much for your wonderful service! My mother really appreciates how great your volunteers are!

My father is now in a memory unit, and you make it possible for Mom to see him most every day.

As their son, I come back to Dubuque about one week a month to help and visit. How can we best help you... as you help us so much?

Thanks, again, for all you do!

Most Sincerely,

Greg, Greenwood Villa, CO

A volunteer recently sent a note:

"Think of the benefit DuRide provides to our community, in addition to our volunteers and members.

Because of DuRide, nursing home residents enjoy regular sing-a-longs because of the rides we provide to the 96-year-old pianist who volunteers to play for them.

Because of DuRide, Mercy Hospital gets the benefit of committed volunteers and the National Mississippi River Museum and Aquarium has a wonderful volunteer receptionist. The Rotary Club, Lions Club and Optimist Clubs all have DuRide members engaged with meetings and projects.

Because of DuRide, a number of members can live independently in their homes and not have to move to assisted living.

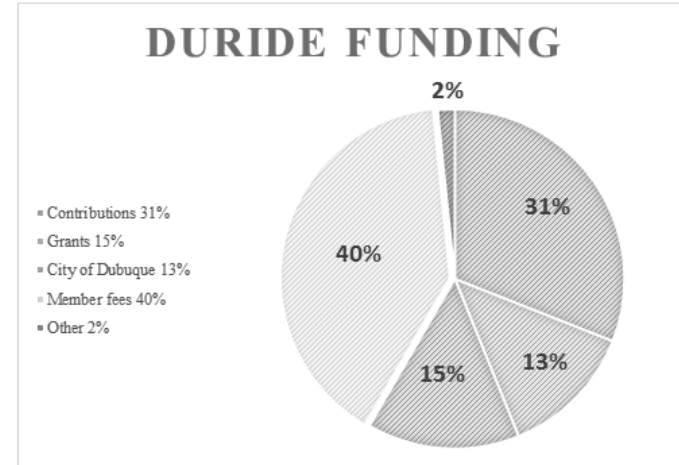
Thank you!"

DuRide Funding

Funding for DuRide comes from a variety of sources. The City of Dubuque provides support, and donations from nearly 340 individuals and businesses provide 1/3 of the budget.

Members pay an annual fee of \$45, and \$4 per ride, and an income support program provides for half price rides for qualifying members.

We are thankful for grants from The Dubuque Racing Association, The Andersen Windows Foundation, The Wahlert Family Foundation, The Schoen Family Charitable Trust, The McDonough Family Foundation and The Community Foundation of Greater Dubuque.



America is Getting Older

10,000 times every day someone turns 65 in the United States.

The oldest of the so-called baby-boomer generation just turned 65 in 2011, representing a coming wave of aging retirees.

In 2010, there were 46 million people age 65 and older. By 2050, there will be 89 million, and by 2060, there will be 98 million.

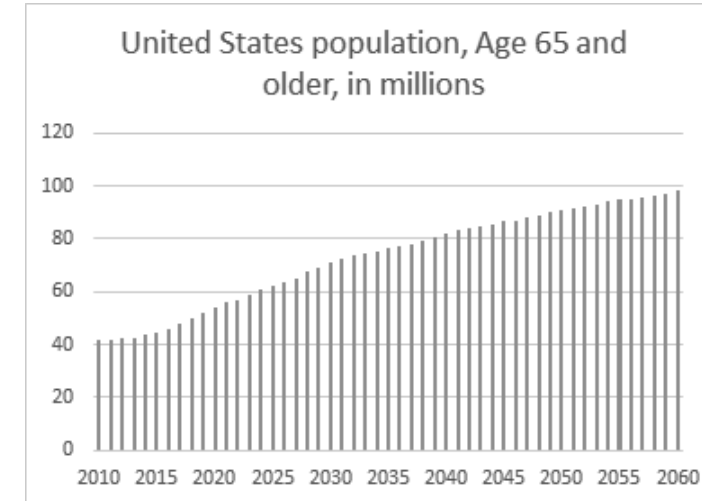
There were 1.3 million people living in nursing homes in 2010. By 2030 this will nearly double, to 2.3 million and by 2060 it will be over 3 million.

In Iowa, there were 491,349 citizens 65 and older in 2015, and by 2050, there will be nearly 680,000.

Of these Iowans, 23,000 have significant vision issues, 91,000 have trouble walking and 52,000 report they are having difficulty living on their own.

In Dubuque County, 17% of the population, over 15,000 people, are 65 and older.

These trends are evident for DuRide. Since 2008, the number of members has more than tripled. DuRide is committed to serving everyone who needs help with transportation now and in the future.



Meet the DuRide Staff

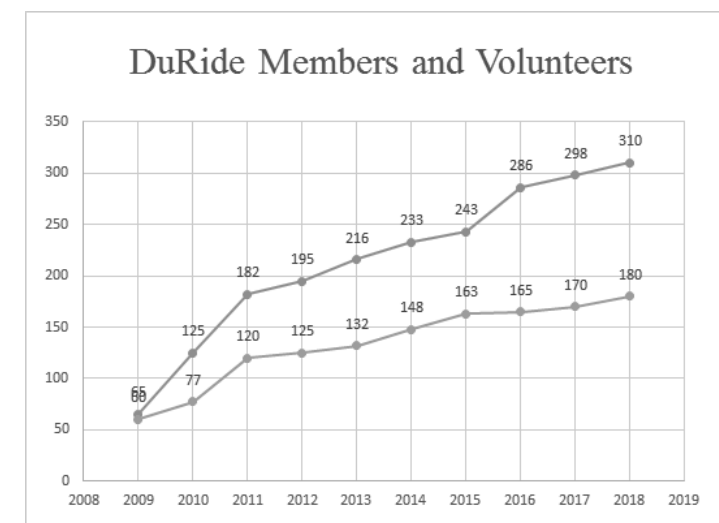
When a member needs a ride, they call the DuRide office, where the details are placed in the list of ride requests that is sent to our volunteers, who in turn let us know which rides they would like to do.

Each member receives a personal call the day before their ride to confirm the details, and to give them the name of their driver and a description of the car.

DuRide handles over 2,500 calls a month.

Front, l-r
 Meegan Harkey, Joyce Panto

Rear, l-r
 Margaret Mjones, Greg Orwoll, Staci Stender



DuRide Destinations

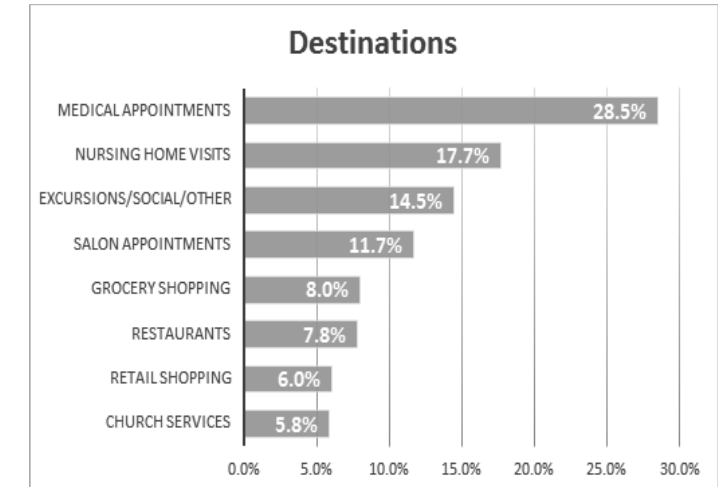
Whatever the destination, DuRide will provide the door to door transportation our members need. Staying connected to the community is so important.

Medical care is critical to quality of life, and many rides are for doctor appointments, lab tests, ophthalmology, physical therapy, to and from hospitals, dental appointments and the like.

Members have told us that they would be challenged to take care of themselves without DuRide. One member said "If it weren't for DuRide, I'd have to move out of my home."

Many members visit a husband or wife who can no longer live at home, often 7 days a week.

Since 2008, we have served over 650 different members, and taken members to 665 different destinations.



I would have no way of getting to appointments without them. They are there when you need them, and are so nice and the very best people.
 - Jean